

## Patients With Vertigo Improve Under Chiropractic Care

The November 8, 2006 issue of the Journal of Vertebral Subluxation Research reports on an eight-year retrospective study that shows patients with various types of vertigo responded very well to chiropractic care.

In the study, records of 60 patients spanning an eight-year period were examined. All of the patients had been diagnosed with various types of vertigo by their medical doctors.

Interestingly, 56 of the 60 had reported at least one head or neck trauma prior to the onset of their vertigo. 25 patients had been in an auto accident, 16 experienced sporting accidents of some kind and 6 had fallen down stairs or on icy sidewalks. Vertebral subluxations (misalignments of the small bones of the spine) in the upper part of the neck were found in all 60 patients.

Within one to six months of beginning chiropractic care, 48 of the patients were symptom free. The other 12 improved to the point that the severity and/or the frequency of their vertigo attacks were reduced.

According to the author, this study suggests that there is a causal link between trauma to the upper neck and the onset of vertigo. Because the patients responded so well to chiropractic care, further study in a controlled environment with more people is certainly recommended.

While many researchers have made a connection between trauma and the onset of vertigo, the actual mechanism has been poorly misunderstood. This study addresses the issue and certainly suggests one possible scenario. We would agree, particularly in light of the high percentage of patients with vertigo who were symptom-free after a short course of chiropractic care.

The fact that many different types of vertigo responded should be even more encouraging for those who suffer from this debilitating condition.

### **Get Adjusted For The Health Of Your Spine And Body!**

This Information Was Provided By

Dr. Cory Koch

2139 E 151<sup>st</sup> St Olathe, Ks. 66062 913-768-0000 [www.SmartNerves.com](http://www.SmartNerves.com)

If you know someone who could benefit from this information, please pass it on!