

July 2008

Koch Chiropractic

2139 E. 151st ST
 Olathe Ks, 66062
 Phone: 913-768-0000
 Fax: 913-768-0758
 E-mail: drkoch@smartnerves.com

SUN	MON	TUE	WED	THU	FRI	SAT
		1 	2	3 Joke Day!	4 	5
6	7 Yoga Class	8	9 	10	11	12
13	14 Nutrition Night!	15 	16	17	18	19
20	21 Yoga Class	22	23 	24	25	26
School Supplies Fundraiser						
27	28	29 	30	31		

Schedule of Events

- **Fast Track to Health:** This Class is designed for anyone wanting to learn how to get the most from their chiropractic care and the fastest results. Make sure to reserve you and a guests spot for one of our classes this month at the front desk!
- **Joke Day!:** Come in today and bring your best joke and the top three jokes of the day win lunch on us! Laughter is



- great for healing, so help us spread the fun today!
- **Koch Chiropractic Yoga Class:** We will be meeting for a bi-monthly yoga class at Lisa's fitness! Make sure to bring a friend with you to enjoy the class as well! www.lisasfitness.com
- **Nutrition Night 7-14-08** Join us here in the office at 6::15pm to learn priceless tips on nutrition, what the body really needs, and how

get the best performance out of your body for a lifetime! Make sure to bring the ones you love with you so they can also begin to implement this awesome strategies into their life as well. Reserve your spot with Amanda today!

- **School Supplies Fundraiser** Help us collect much needed school supplies for children right here in our community. For the week of July 21st through the 24th, bring in school supplies

(of \$25 please) and receive a complimentary initial exam for a friend or family member. Thank you for taking part in this awesome cause and helping kids start the new school year off on the right foot!

